

# OPIOIDS IN CLINTON

## *Access, Stigma & Community*



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# PROJECT PARTNERS

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# SUBSTANCE USE

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- **Opioid use disorder (OUD)**
- **Substance use disorder (SUD)**
- **Polysubstance**

## CITY OF CLINTON DATA

Opioid Overdoses in 2022	Drug Related Arrests	Meth-related Arrests
19	73	36



Area hospitals have seen an increase in cases from **2019–2022** involving SUD

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# METHODOLOGY

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## PART 1: LITERATURE REVIEWS & CASE STUDIES



- Discovered **best practices & policies**, including...
    - CRUSH of Iowa in Cedar Rapids
      - Peer recovery support services
    - Elimination of x-waivers for buprenorphine
      - Improves ease of access to treatment services
  - \* **Identified that barriers associated with treatment access and stigma need to be addressed in Clinton**
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# METHODOLOGY

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## PART 2: STAKEHOLDER INTERVIEWS

- **February 2023 – April 2023**
- Virtual & in-person
- Interviewed **12** local and expert stakeholders
- Asked each interviewer the same list of questions
- Variety of professions responded

Health Care Professionals	Corrections Officers
Sherriff	Peer Support Professionals
Psychiatrists	Behavioral Health Professionals
Social Services Professionals	

# FINDINGS

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## PROBLEMS

- Increasing demand
- Stigma among providers
- Other barriers to accessing treatment



## ASSETS

- Interconnected professional network
- Innovation in the administrative capacity
- **\$1,224,293.98** in settlement money



## RECOMMENDATIONS

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# **PROBLEM:** **INCREASED DEMAND**

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## **Key Findings:**

- High demand for treatment services
  - Not enough treatment options to meet the need
    - Life Connections closed in March 2023  
(Medicaid Fee Schedules Outdated)
  - Not enough time on the job to adequately serve community members who struggle with OUD/SUD
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# PROBLEM: STIGMA & OTHER BARRIERS TO ACCESSING TREATMENT

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## Key Findings:

- Stigma held by healthcare providers in Clinton creates a barrier to treatment access
  - Healthcare in Clinton has a negative reputation for accessibility
  - Stakeholders shared the challenges associated with the novelty of addiction treatment services
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# ASSET: INTERCONNECTED PROFESSIONAL NETWORK

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## **Key Findings:**

- Interviewees know one another and are familiar with each other's work
  - These stakeholders were eager to provide suggestions for additional people to contact
  - The existing network is a resource and asset
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# ASSET: INNOVATION IN ADMINISTRATIVE CAPACITY

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## **Key Findings:**

- Opioid Stakeholders want to mitigate negative outcomes of OUD and SUD
  - Receptive to and eager for innovative ideas and suggestions for local interventions
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# RECOMMENDATIONS

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1. Implement public training sessions on OUD and SUD for community members.
  2. Implement organizational training sessions on OUD and SUD for health care providers, law enforcement, and other professional organizations.
  3. Expand peer–support services.
  4. Open a community center that provides services specifically for OUD/SUD.
  5. Expand capacity to better disseminate services.
  6. Expand mental health programming through the Iowa Community Mental Health Services Block Grant.
  7. Create an intercity bus route to expand access to more addiction services in Davenport.
  8. Use the opioid settlement money to fund more community beds for detox and addiction services.
  9. Make naloxone more available and accessible in the community.
  10. Spread awareness of FDA's elimination of buprenorphine "X–waiver".
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# RECOMMENDATIONS

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## STIGMA

**Implement organizational training sessions on OUD and SUD for health care providers, law enforcement, and other organizations.**

**Goal:** Provide professionals with the knowledge and skills to identify, treat, and prevent OUD and SUD within their respective organization.

- Tailored to each organization
  - Understanding OUD and SUD
  - Strategies for prevention
  - Screening and assessment tools for identifying individuals with OUD and SUD
  - Cover evidence-based treatment
  - Provide information on resources
  - Emphasize the importance of collaboration
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# RECOMMENDATIONS

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## ACCESS

**Open a community center that provides services specifically for OUD/SUD.**

**Goal:** Provide a supportive and welcoming environment for individuals in recovery, and to offer a variety of services for those seeking help.

- Centrally located
- Peer–recovery
- Housing other organizations/community resources
- Outreach and awareness events
- Initial capital: opioid settlement money

# Thank You!

We will now take  
questions

# CITATIONS

Brooks, Author: Devin. “Community Resources Team up at 5th Annual Clinton Overdose Awareness Vigil.” Wqad.com, 1 Sept. 2022, <https://www.wqad.com/article/news/community/5th-annual-clinton-overdose-awareness-vigil/526-f859017f-959d-4778-b4cf-c15881fc1cda>.

“Opioid Use Disorder.” Opioid Use Disorder | Johns Hopkins Medicine, 11 Nov. 2022, <https://www.hopkinsmedicine.org/health/conditions-and-diseases/opioid-use-disorder>.

# LIST OF INTERVIEW QUESTIONS

1. Which organization are you affiliated with and what is your role?
2. What challenges do you face in your job/role?
3. What are the challenges that your clients/patients face?
4. What problems do you see with treatment access here in Clinton?
5. Do you see these problems firsthand?
6. What problems do you see with stigma here in Clinton?
7. Do you have access to any data that you think would be useful for our research?
8. If you had a magic wand, and you could make any one thing happen to address the opioid problem in Clinton, what would it be?

# OPIOID USE DISORDER AND SUBSTANCE USE DISORDER

- **Emergence:** Physicians often prescribe opioids to relieve pain, but the highly addictive nature of these drugs can cause a person to develop physical dependence over time
- Opioid use disorder (OUD) is a substance use disorder (SUD) characterized by a chronic pattern of opioid misuse
- **Impacts:** Devastating effects on individuals, their families, and their communities; health problems; job insecurity; financial hardship; and death



# WHAT IS STIGMA?

The World Health Organization defines stigma as “a mark of shame, disgrace, or disapproval that results in an individual being rejected, discriminated against, and excluded from participating in a number of different areas of society.”

## **Stigma for OUD/SUD:**

- Availability and accessibility of effective treatment services is based on public opinion
- Stigma at the organizational level
- Stigma at the individual level

**Table 3: Professional Challenges by Sector and Organization**

Organization	Workplace Sector	Challenges
Justice	Public	Unreliable detox center
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Healthcare	Private	Stigma in client treatment
Behavioral Health	Private	Outdated Medicaid pay scale for services
Law Enforcement	Public	Helping reduce stigma & CIT (Crisis Intervention Training) across the Department
First Responder	Public	Increased number of people struggling with SUD/ODD
Addiction Recovery	Public	Newness of treatment & programming for addiction

# OPIOID SETTLEMENT MONEY

## *Mallinckrodt*

	Payment 1 (2023)
Clinton County	\$8,278.73

Data Source: Iowa Auditor

## *Janssen*

	Payment 1 (2023)	2 (2023)	3 (2023)	4 (2023)	5 (2023)	6 (2027)	7 (2028)	8 (2029)	9 (2030)	10 (2031)	11 (2032)	County Total
Clinton County	\$13,950.96	\$32,547.88	\$26,050.60	\$39,999.69	\$44,335.40	\$7,912.77	\$7,912.77	\$7,912.77	\$10,074.33	\$10,074.33	\$10,074.34	\$210,845.84

Data Source: Iowa Auditor

## *Distributors*

	Payment 1 (2023)	2 (2023)	3 (2024)	4 (2025)	5 (2026)	6 (2027)	7 (2028)	8 (2029)	9 (2030)	10 (2031)	11-18 (2032-39)	County Total
Clinton County	\$39,021.79	\$41,009.99	\$41,009.99	\$51,329.82	\$51,329.82	\$51,329.82	\$51,329.82	\$60,370.05	\$60,370.05	\$60,370.05	\$50,747.12	\$913,448.13

Data Source: Iowa Auditor

# SUBSTANCE USE

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- **Opioid use disorder (OUD):** A problematic pattern of opioid use leading to problems or distress, with at least two additional symptoms such as problems fulfilling obligations —Diagnostic and Statistical Manual of Mental Disorders, 5th Edition (DSM–5)
- **Substance use disorder (SUD):** A treatable mental disorder that affects a person's brain and behavior, leading to their inability to control their use of substances —National Institutes of Health
- **Polysubstance use** means a person uses multiple substances, in Clinton this includes methamphetamine, **fentanyl**, tranquilizers, etc.

 Area hospitals have seen an increase in cases from **2019–2022** involving SUD

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# DEIJ

Addiction disproportionately affects specific communities including:

**Rural Areas**

**Low Socioeconomic Status**

**People of Color**

**LGBTQIA+ Individuals**

**Individuals with Disabilities**

## PROJECT

## BACKGROUND

## Second year MPA Students

### Project Scope:

Address the opioid crisis in Clinton, IA via public policy recommendations.

### Timeline:

Started researching the opioid crisis & communicating with project partners in the Fall of 2022.

### Institutional

### Affiliations:

The logo for the University of Iowa, featuring the word "IOWA" in a bold, yellow, sans-serif font.

School of Planning  
and Public Affairs





